



BOB (BO) KEATING

PLAYING HISTORY

1959-1961	Started playing football at Northwood Community Centre, in six man football programs which the parks and recreation department offered. Our coach was Tony Kohanski, this was a great exposure to organized football and Tony did a great job of making it fun.	
1962-1966	Frank Bryan asked me to play high school football, for Sisler High School, while in grade eight. I played there for five years and had a great high school experience playing with and against many of the people who have become some of my best friends. I would like to thank Frank Bryan for getting me started. 1966 was my last year of high school football we won the championship in 64 and 65. One of the great things about playing high school football was I got to play a lot of positions guard, tackle, defensive line, and line backer. This aided me as a coach later on.	
1967-1968	Played with the Weston Wildcats of the Manitoba Saskatchewan Junior Football League where I was able to play numerous positions; again I played centre, guard, tackle and defensive line depending on the situation. The coach was Hal Mauthe and Howie Goss (in those days you could get by with two coaches).	
1969-1971	I had the great opportunity to play centre for the U of M Bisons, where we won the Vanier Cup two years in a row 1969 and 1970. In 1970 I was named a league all star. 1971 was another good year however we did not win the Vanier Cup. Henry Janzen, Ray Ash, Gord Rowland and John Shanski were our coaches for all three years; they were great role models who provided excellent leadership for us.	
1972	I won another Vanier Cup with the University of Alberta where I played offensive tackle. The team was coached by Jim Donlevey and the team was a bunch of great guys. Some of the players who played on the U. of A. team were Bryan Fryer (Washington Redskins, Edmonton Eskimos), Tom Towns (Edmonton Eskimos), David Wray (B.C. Lions), and Andy McLeod (Sask., Ottawa).	

In 1998 these championship teams were inducted into the Manitoba Sports Hall of Fame. Some of the players from those teams who went on to CFL careers were Bob Kraemer, Walt Mckee, and Bob Toogood. In 1971 I was drafted in the CFL draft by the Montreal Alouettes.

The numerous friendships I have made through playing football have been great.

COACHING HISTORY

1973	Started coaching with the Juvenile Fort Gary Lions and the Gordon Bell Panthers where I was offensive and defensive line coach for both teams; at Gordon Bell we won the High School Championship.
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1974	Coached the Winnipeg Hawkeyes of the Manitoba-Saskatchewan Junior Football League and the Gordon Bell Panthers, again as offensive and defensive line coach. At Gordon Bell we again won the High School Championship.
1975-1978	Continued coaching the Gordon Bell Panthers for the next four years and we won the High School Championship again in '77. That year one of our players was Stan Mickowas a CFL star and a member of the Bomber Hall of Fame. I coached at Gordon Bell for another two years.
1979-1992	Coached at Tec Voc High School. At Tec Voc I was offensive and defensive line/linebacker coach depending on the year. In those years we were lucky enough to win the High School Championship in 85, 86, 88, and 90.
2008	I was inducted into the Winnipeg High School Football Hall of Fame.

